



Price list valid from 15.05.2019

## SANDRA SPA HOLIDAY CENTRE IN POGORZELICA

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# Spa treatment price list





## A new meaning of relaxation...

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Relax and listen to the subtle music playing softly from a distance. Awaken your senses, calm down and... let us take care of you in an exceptional way...

NEW

Peptide Lift - lifting treatment	400 PLN
Pure Vitamin C - lightening treatment for couperose skin	320 PLN
Ligne de Regeneration Absolute with snail protein extract - nourishing-regenerating treatment for sensitive skin	350 PLN
Complite & Fast - cleansing treatment	190 PLN
Aqua Were - moisturising treatment for sensitive skin	280 PLN
Arcel Med Blue – regenerating treatment	230 PLN

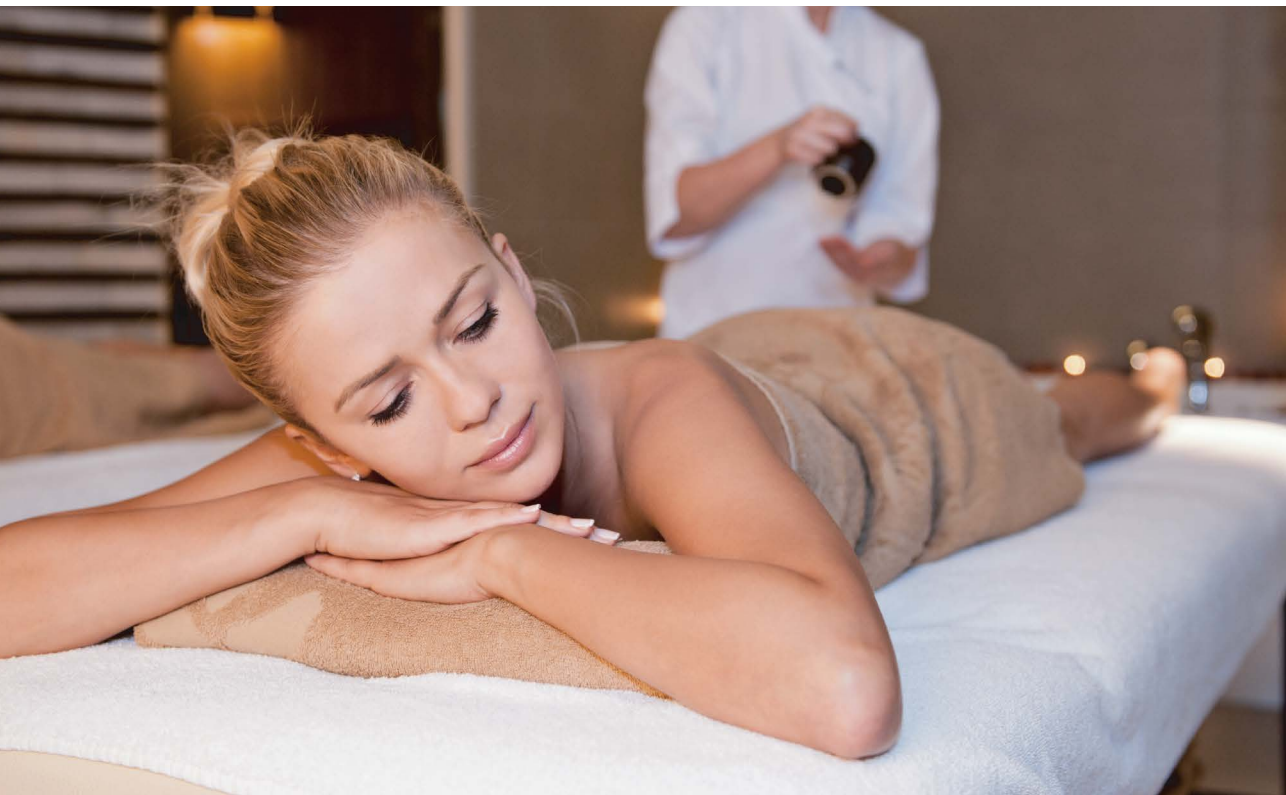
BASIC TREATMENTS

Moisturising Treatment	180 PLN
Nourishing Treatment	180 PLN
Soothing Treatment	180 PLN
Cleansing Treatment	180 PLN
Cavitation peeling with skin care	190 PLN
Corundum microdermabrasion with skin care	200 PLN

ENRICHED TREATMENTS

Seasonal treatment	220 PLN
APHRODITE - lifting treatment	200 PLN
Dermo Comfort - relaxing treatment for men	200 PLN
HYDRO ACTIV - intensive moisturising treatment	220 PLN
Renovar - time stop stem-cell treatment	290 PLN
Caviar treatment - ultra-rich, anti-wrinkle	220 PLN
Prestige treatment - lifting with retinol	230 PLN
Facial Semi-treatment (lifting, moisturising, normalizing)	120 PLN
Microneedle mesotherapy	250 PLN
Corundum microdermabrasion (additionally to a treatment)	50 PLN
Cavitation peeling (additionally to a treatment)	50 PLN





## BODY TREATMENTS

Firming coffee treatment	240 PLN
Nourishing chocolate treatment	240 PLN
Nourishing-moisturising grape treatment	240 PLN
Moisturising-nourishing treatment - goat milk and lychee	240 PLN
GUAM anti-cellulite treatment	200 PLN
Full body peeling	150 PLN
Moisturising-nourishing Volcanic Island Rite + head massage	280 PLN
Firming-smoothing Hibiscus Flower Rite + head massage	280 PLN
Moisturising Cotton Flower Rite + head massage	280 PLN
Regenerating-moisturising Sea Minerals Rite + head massage	280 PLN
HAMMAM cleansing ritual	130 PLN

"The Power of Firming" Treatment with Chinese Cups	240 PLN
Body Wrap Anti-cellulite treatment	280 PLN
Body Wrap Firming treatment	300 PLN
Push-up Treatment – for bust firming	190 PLN

## FACIAL + BODY TREATMENTS

Body Treatment (available: coffee, chocolate, grape, goat milk and lychee) + Moisturising Facial Treatment	360 PLN
Full body peeling + moisturising facial peeling	155 PLN
GUAM anti-cellulite treatment + moisturising facial treatment	360 PLN



ANTI AGE – active source of beauty (facial massage + ampoule) 20 min.	80 PLN
Facial massage (15 min.)	70 PLN
Cosmetic candle massage (40 min.)	180 PLN
Candle massage with peeling (50 min.)	200 PLN
Candle massage – back (20 min.)	80 PLN
PASSIONATE ODYSSEY – head, neck and cleavage massage (15 min.)	80 PLN
Relaxation back massage (15 min.)	70 PLN
Relaxation massage (30 min.)	80 PLN
Golden relaxation massage (30 min.)	90 PLN
Chocolate relaxation massage (30 min.)	90 PLN
Relaxation massage (50 min.)	130 PLN





intraceuticals skin rejuvenation



INTRACEUTICALS – NON-INVASIVE  
FACE AND CLEAVAGE REJUVENATION METHOD

Rejuvenate - rejuvenating-moisturising treatment	470 PLN
Opulence - dark spots reduction treatment	470 PLN
Clarity - cleansing-balancing treatment	470 PLN
Atoxelen - mimic wrinkles reduction treatment	350 PLN
Rejuvenate treatment + Atoxelen treatment	690 PLN
"Booster" Treatment (vitamin C+3, vitamin A, collagen, oxy)	470 PLN



**HAND & FOOT CARE**

Cosmetic pedicure (no polish)	90 PLN
Cosmetic pedicure (polish)	100 PLN
SPA Pedicure without nail polish	130 PLN
Medical pedicure	150 PLN
Cosmetic manicure (no polish)	60 PLN
Cosmetic manicure (polish)	75 PLN
SPA Manicure without nail polish	110 PLN
Hybrid manicure	90 PLN
"Velvet hands" treatment **	49 PLN
Podiatry service	20-50 PLN
B/S brace for ingrown nails	80 PLN
OnyClip for ingrown nails	100 PLN
Nail polish	25 PLN
Hybrid removal	30 PLN

**ADDITIONAL TREATMENTS**

Eyebrow or eyelash tinting*	20 PLN
Eyebrow shaping*	20 PLN
Eyebrow and eyelash tinting with shaping*	30 PLN
Full tinting* (eyebrow and eyelash tinting and shaping)	35 PLN
Waxing - full legs	120 PLN
Partial waxing (thighs, calves, arms)	60 PLN
Partial waxing (upper lip, chin, armpits)	20 PLN
Partial waxing (back, chest)	70 PLN
Eyelash thickening and extending 1:1	200 PLN
Eyelash regeneration	150 PLN

\* Eyelash tinting and shaping is available only for facial care treatments

\*\* "Velvet hands" treatment with face treatment – 39 PLN







## icoone®

Each treatment starts with a 20-minute base programme for the entire body, with a properly selected therapeutic programme, taking into account the patient's individual needs, skin state and condition and type of cellulite (stagnant water, fibrous cellulite, adipose cellulite; couperose, delicate, loose skin).

### ICOONE – BODY AND FACE MULTI-MICROSTIMULATION

ICOONE – full body treatment (40 min.)	220 PLN
- 1 x basic treatment (20 min.)	
- 2 x focus program for selected body part (10 min.)	
Additional focus (10 min.)	40 PLN
Treatment outfit	30 PLN

### ICOONE body packages

- 6 treatments (outfit GRATIS)	1220 PLN
- 12 treatments (outfit GRATIS)	2420 PLN

ICOONE - facial treatment (40 min.)	200 PLN
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### ICOONE facial packages

- 6 treatments	1100 PLN
- 12 treatments	2200 PLN





**SPA FOR COUPLES about 90 min.**

A bottle of sparkling wine  
 Fruit  
 Steam bath  
 Dry sauna  
 Sensual shower  
 Aromatic bath  
 Relaxation back massage  
 Package price: 315 PLN (2 persons)

**ROMANTIC SPA about 180 min.**

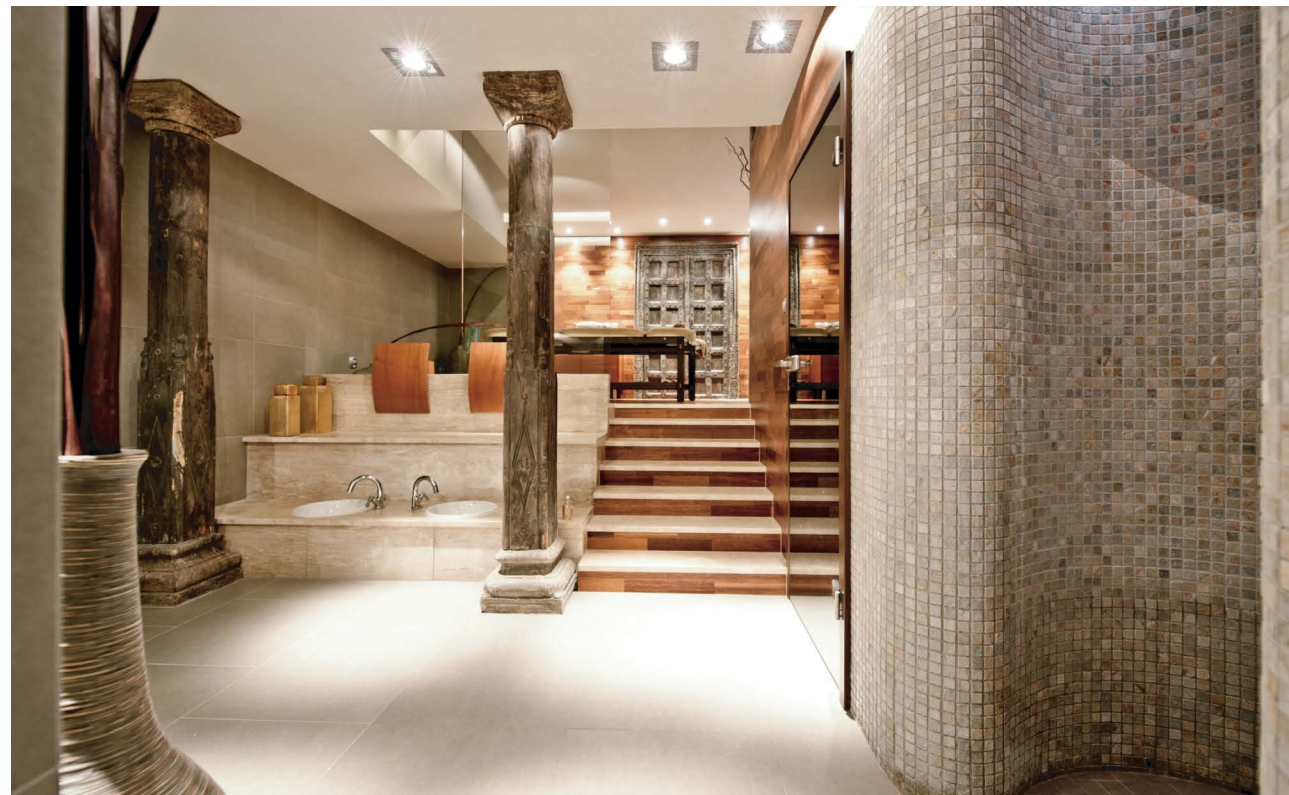
A bottle of sparkling wine  
 Fruit or ice cream dessert  
 Steam bath  
 Dry sauna  
 Sensual shower  
 Aromatic bath  
 Body peeling  
 Body mask  
 Package price: 610 PLN (2 persons)

**SPA +50 about 180 min.**

A bottle of sparkling wine  
 Fruit  
 Steam bath  
 Dry sauna  
 Sensual shower  
 Aromatic bath  
 Facial massage  
 Candle massage - back  
 Package price: 560 PLN (2 persons)

**RELAX SPA ZONE about 120 min. (for 3-4 persons)**

A bottle of sparkling wine or ice cream dessert  
 Steam bath  
 Dry sauna  
 Sensual shower  
 Body peeling  
 Body mask  
 Package price: 600 PLN (3-4 persons)





## RELAXATION AND REGENERATION WEEK

**Package for Her**

Moisturising facial treatment  
Candle massage - back  
Steam bath (30 minutes)  
"Sea Essence" body treatment  
Relaxation massage (30 minutes)  
Sunny meadow  
Package price: **490 PLN**

**Package for Him**

Moisturising facial treatment  
Candle massage - back  
Steam bath (30 minutes)  
"Sea Essence" body treatment  
Relaxation back massage  
Sunny meadow  
Package price: **490 PLN**

## TASTES OF NATURE WEEKEND

**Chocolate body dessert package**

Moisturising facial treatment  
Steam bath (30 minutes)  
Chocolate body treatment  
Relaxation massage (30 minutes)  
A cup of chocolate  
Package price: **460 PLN**

**Grape dessert for body package**

Moisturising facial treatment  
Steam bath (30 minutes)  
Grape body treatment  
Relaxation massage (30 minutes)  
A cup of fruit tea  
Package price: **460 PLN**

**Coffee body dessert package**

Moisturising facial treatment  
Steam bath (30 minutes)  
Coffee body treatment  
Relaxation massage (30 minutes)  
A cup of coffee  
Package price: **460 PLN**

## WEEKEND FOR TWO "SANDRA RELAX SPA"

**Package for Her**

Moisturising facial treatment  
Steam bath (30 minutes)  
"Sea Essence" body treatment  
Relaxation massage (30 minutes)  
Package price: **410 PLN**

**Package for Him**

Moisturising facial treatment  
Steam bath (30 minutes)  
"Sea Essence" body treatment  
Relaxation back massage  
Package price: **400 PLN**



- Before using any services in Sandra SPA, each user must read and comply with these Terms and Conditions of Use during their visit in SPA. It is assumed that the person using Sandra SPA services has read these Terms and Conditions of Use.
1. You must be quiet in Sandra SPA. Our Guests are asked to talk in a lower voice so that other Guests can relax and rest.
  2. People with poor health, physical fitness as well as pregnant women should use SPA services with particular caution, adequately for their health.
  3. If the Guest is late for a treatment, the total time of the treatment shall be shortened by the time of the delay.
  4. In order to provide safety for the Guests who use treatments and to increase the effects of the treatments, before your treatment you must inform the SPA staff about:
    - taken medicines;
    - past diseases;
    - cardiovascular diseases (thrombosis, varicose veins);
    - allergies;
    - being pregnant.
  5. SPA services are forbidden to:
    - people whose condition indicates that they have been drinking alcohol, are under the influence of psychotropic substances or other intoxicants;
    - people with open injuries or severe skin inflammation.

Sandra SPA also recommends:

    - coming for body care treatments and massages wearing a dressing gown and pool flip-flops;
    - avoiding any heavy meals an hour before the treatment;
    - avoiding sunbathing directly before and after the treatment;
    - drinking a lot of still water after the treatment.
  6. If the user behaves improperly, the therapist has the right to stop performing the treatment.
  7. Rules to cancel or change the date of treatment:
    - **individual and group bookings:**  
You must notify the SPA reception staff about changing the date or cancelling an individual booking for a treatment at least 8 hours before the planned visit. In the case of group bookings, you must notify the SPA reception staff at least 48 hours before the planned visit. If you cancel your visit after this period or you fail to notify about your resignation from the treatment, the SPA reception reserves the right to charge the amount of 60% of the total costs of the ordered service to the Guest.
    - **external bookings:**  
Guests outside Sandra SPA must confirm their planned visit at least 4 hours before the planned visit, otherwise their reservation shall be automatically cancelled.
  8. All complaints must be made during or right after the treatment to the SPA staff on the same day. In other cases, no complaints shall be accepted or recognised.

I have read these Terms and Conditions of Use \_\_\_\_\_  
Date and signature





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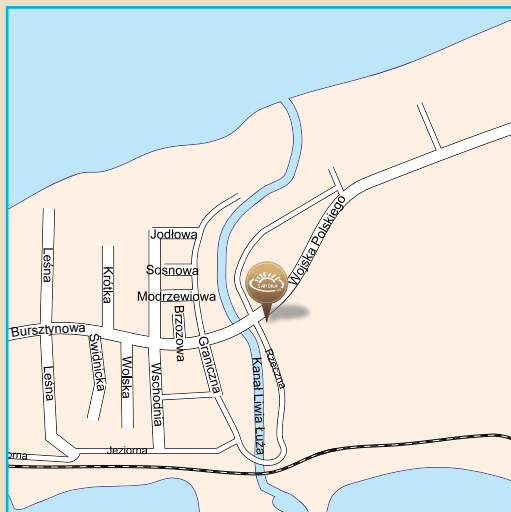
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Ask our expert about customised treatments  
and make an appointment at our Spa

Treatment 1	Date	Time
Treatment 2	Date	Time
Treatment 3	Date	Time
Treatment 4	Date	Time
Treatment 5	Date	Time
Treatment 6	Date	Time

I have read these Terms and Conditions of Use \_\_\_\_\_  
Date and signature



## **SANDRA SPA**

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72-351 Pogorzela

### **Booking**

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### **Reception**

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### **SPA Reception**

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